



DESTINY PARTNERSHIP

one more day, one more destiny

3 Day First Aid at Work

£195 + vat per person

*Price subject to change as it is covered by our Price Match Guarantee. This course is also valid for our 5x5 deal. Conditions apply.

Ideal for Higher Risk Workplaces, this course covers all mandatory aspects of First Aid in the Workplace including the operation of AED's that is taught in our 1 day course, with the addition of the below content. The course meets all requirements set out by the HSE and is specifically for low risk workplaces.

How long will it take me to achieve this qualification?

This qualification must be undertaken over a minimum of **3 days- 18-hour** minimum teaching.

Topics Covered

- Dealing with a Conscious Casualty
- Preforming CPR on Pregnant Casualty
- Recovery Position
- HSE Requirements
- Bleeds and Wound Care
- AED Operation
(Including Child and Pregnant Female)
- Unconscious
- Chest and Crush injuries
- Spine Injuries
- Dealing with an Unconscious Casualty
- Dealing with Emergency Services
- Breaks, Fractures and Muscle Injury
- Heart Attacks and Cardiac Arrest
- Infection Control
- Shock (Multiple types)
- Hypothermia/ Hyperthermia
- Mental Health

- Other Medical Conditions

How is the qualification assessed?

This qualification is assessed throughout the 3 days and has both theory and practical parts which is delivered through a blend of active and interactive learning. There is a 40 Question Multiple Choice exam with a pass mark of 32.

Upon Completion

Upon successful completion of this course, candidates will be a qualified First Aider for 3 years. (It is advised to receive annual refresher training)

What next?

Individuals achieving this qualification will be able to undertake further learning in other areas such as:

- Destiny Partnership Qualification in 1 Day Emergency Paediatric First Aid
- Destiny Partnership Qualification in 2 Day Paediatric First Aid
- *Coming Soon- Destiny Partnership Qualification in 5 day Advanced First Aid*

*Anyone 16 Years or under can receive free training from our Young Life Savers Scotland, Heroes of Tomorrow Program.

*New Parents referred by their GP, Health Visitor or medical Professional, can receive our Paediatric First Aid for free. Please contact us for details.

*All training is carried out in line with HSE guidelines and recommendations set by the Resus council.